



## 2024 Parkinson's Symposium

### Diagnosis and treatment focusing on nutrition and exercise

Join UCI Health for our annual Parkinson's Disease Symposium for patients and their caregivers. This year, we invite you to learn about the latest updates in Parkinson's disease differential diagnoses and treatment.

#### Registration

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This is a free event, but registration is required. We will offer in-person and virtual attendance options.

**Register at: [ucihealth.org/parkinsonsevent](https://ucihealth.org/parkinsonsevent)**



Questions?  
Contact Brandee Lagasse  
at [blagasse@hs.uci.edu](mailto:blagasse@hs.uci.edu)  
or 714-456-8311



**Saturday, Nov. 2, 2024**

**8 a.m.-1 p.m. — In person**

**8:30 a.m.-1 p.m. — Virtual**

311 W. Peltason Dr.  
Irvine, CA 92697  
in the UCI Student Center  
Pacific Ballroom

Parking is available across the street in the Student Center parking structure.

*\*Please note: Virtual attendees can log on early at 8:30 a.m., with introductions starting at 8:45 a.m.*

## 2024 Parkinson's Symposium

### Agenda

Time	Details	Saturday, Nov. 2
8 a.m.	Registration & light breakfast	
8:45 a.m.	Welcome & introductory remarks David Swope, MD	
9 a.m.	<b>Parkinson's disease diagnosis &amp; differential diagnoses</b> Ravi Rajmohan, MD, PhD	
9:15 a.m.	<b>Parkinson's disease medical treatment</b> Sanaz Attaripour Isfahani, MD	
9:30 a.m.	<b>Questions &amp; panel discussion</b> All faculty	
9:45 a.m.	<b>Break &amp; refreshments</b>	
10 a.m.	<b>Surgical approaches to treat Parkinson's disease &amp; patient selection</b> Anna Morenkova, MD, PhD and Michelle Paff, MD	
10:30 a.m.	<b>Questions &amp; panel discussion</b> All faculty	
10:45 a.m.	<b>Break &amp; refreshments</b>	
11 a.m.	<b>Nutrition &amp; Parkinson's disease</b> Natalia Ullrich, MS, RD	
11:20 a.m.	<b>Physical activity in Parkinson's disease</b> Betsaida Cruz-Coble, PT, DPT, NCS & Douglas Scott, MS, OTR/L, PAM.	
11:40 a.m.	<b>Questions &amp; panel discussion</b> All faculty	
11:45 a.m.	<b>Break &amp; refreshments</b>	
12 p.m.	<b>Research in Parkinson's disease</b> Nicolas Phielipp, MD	
12:20 p.m.	<b>Questions &amp; panel discussion</b> All faculty	
12:35 p.m.	Closing remarks	

#### Faculty:

Sanaz Attaripour, MD  
Betsaida Cruz Coble, PT, DPT  
Anna Morenkova MD, PhD  
Michelle Paff MD, PhD  
Nicolas Phielipp, MD

Douglas Scott, MS, OTR/L, PAM  
Ravi Rajmohan, MD, PhD  
David Swope, MD

#### Guest speaker:

Natalia Ullrich, MS, RD  
Dietitian and health educator focused on lifestyle changes promoting healthy eating behaviors that can improve one's quality of life.